## Mango and Black Bean Salad 5oz scoop

<b>Nutrition Fac</b>	ts
1 servings per container	
Serving size 5oz scoop (	140g)
Amount per serving	-
Calories 12	20
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0	1%
Trans Fat 0g	
Polyunsaturated Fat 0	
Monounsaturated Fat 0	
Cholesterol less than 5 millig	0%
Sodium 1140mg	<b>50</b> %
Total Carbohydrate 30g	11%
Dietary Fiber 4g	15%
Total Sugars 18g	
Includes 0g Added Sugars	0%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1mg	8%
Potassium 300mg	6%
The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: Mango, Seasoned Rice Vinegar (Rice Vinegar; Invert Sugar; Salt; Diluted with water to 4% acidity), Cnd Black Beans, Red Bell Pepper, Green Onion, Fresh Cilantro, Sambal Oelek Ground Chili Paste, Ground Cumin, Ground Coriander.