

**Basmati Rice**  
**1 cup**

<b>Nutrition Facts</b>		
1 servings per container		
<b>Serving size</b>	<b>1 cup (175g)</b>	
<b>Amount per serving</b>		
<b>Calories</b>	<b>230</b>	
	<b>% Daily Value*</b>	
<b>Total Fat</b> 0.5g		<b>1 %</b>
Saturated Fat 0		<b>1 %</b>
<i>Trans</i> Fat 0g		
Polyunsaturated Fat 0		
Monounsaturated Fat 0		
<b>Cholesterol</b> less than 5 millig		<b>0 %</b>
<b>Sodium</b> 900mg		<b>39 %</b>
<b>Total Carbohydrate</b> 49g		<b>18 %</b>
Dietary Fiber less th		<b>3 %</b>
Total Sugars 0g		
Includes 0g Added Sugars		<b>0 %</b>
<b>Protein</b> 5g		
Vitamin D 0mcg		0%
Calcium 20mg		0%
Iron 2mg		10%
Potassium 60mg		0%
<small>* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>		

INGREDIENTS: Basmati Rice (White Basmati Rice), Coarse Kosher Salt (Salt; Yellow Prussiate of Soda.), Water.